EGD INSTRUCTIONS

Name: __________________________________ Date of Exam: _______________________

Place of Exam: Creighton University Medical Center, 601 N. 30th Street, Ste. #5730

Time of Exam: ________________________ Register at: _________________________

The doctor has ordered an upper intestinal endoscopy (EGD, panendoscopy, esophago-
gastroscopy) which is an examination of the upper digestive tract.

During the examination a long flexible tube is passed through the mouth to the esophagus,

stomach and duodenum (the first portion of the small intestine) for direct viewing.

During the examination a tissue sample (biopsy) may be obtained for microscopic examination.

This is done by inserting a narrow biopsy instrument through the endoscope. This causes no pain.

Upper G.I. endoscopy allows the physician to look directly at the esophagus, stomach and

duodenum. Upper G.I. endoscopy can diagnose ulcers, gastritis, tumors and causes of bleeding

or pain. It is also used for removing foreign objects or polyps, to stop bleeding and opening

strictures (narrowed areas).

If you are currently taking medication for diabetes or any blood thinners (e.g., coumadin or plavix), please

follow your primary care physician’s instructions as previously discussed. Please stop Iron five (5) days
prior.

Please bring a current list of your medications to the hospital.

To assure the accuracy of this test, please follow these instructions:

1. Nothing to eat after midnight the night before your procedure. You may have clear liquids

   until four (4) hours prior to your procedure time.
2. You may take medications in the morning for heart or blood pressure with a sip of water.
3. Register as an outpatient at the hospital at time indicated above.
4. **YOU WILL NOT BE ABLE TO DRIVE YOURSELF HOME,** Please have an adult

   accompany you to the hospital that will be able to drive you home safely. (This is because of
   the medication that is used during the examination.) This applies even if you are coming by
   Public Transportation such as Cab service or Shared Mobility services. The physician will

   speak to your family or friend directly following the procedure if they are in the waiting
   room.

If you have any question regarding these instructions or the examination itself, please contact

Creighton Medical Center/ Gastroenterology at 449-4692.